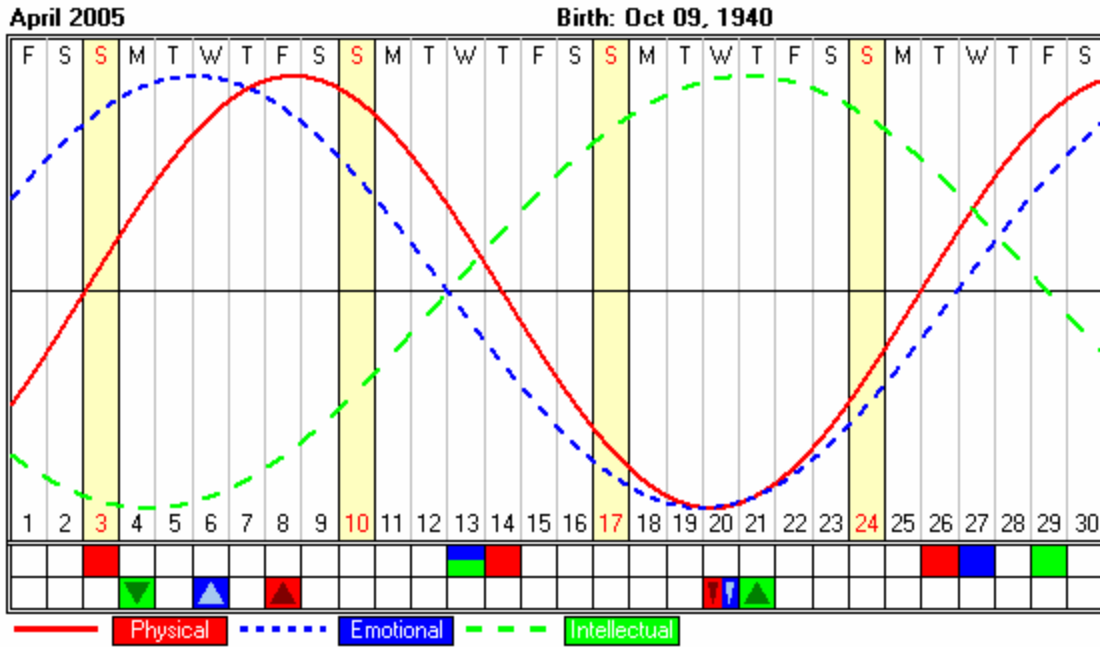


Biorhythms

Biorhythm Report for John Lennon



This sample report compliments of:

Matrix Software

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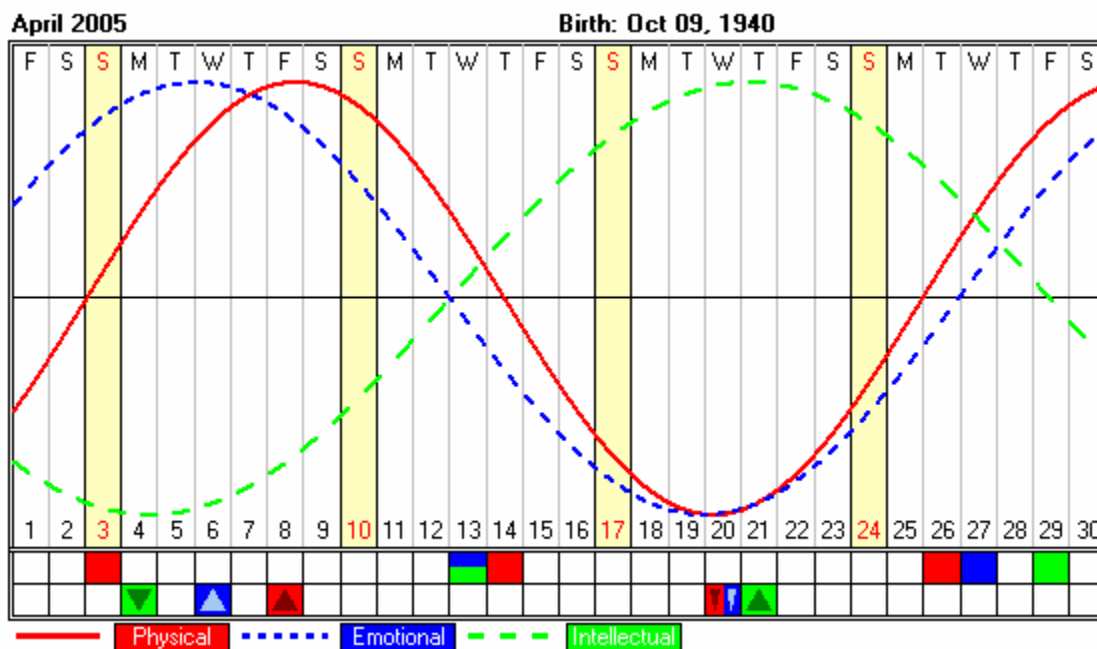
Biorhythms for John Lennon

Although biorhythms (as presented here) have only been the subject of research since the 1890's, the up & down cycles in our lives are known to all. Alternating periods of stress and release in life are common knowledge. The study of biorhythms concentrates on three particular cycles: a 23 day cycle of physical stamina, a 28 day cycle of emotional and creative energy, and a 33 day cycle of mental or intellectual activity. Each of these cycles alternates from a hi period to a low period. The two days when each cycle crosses from "high" to "low" and vice-versa have been called critical or changing days. Since this biorhythm chart is produced by a computer, you can be sure that it is accurate, providing your correct birthdate appears on the previous page. This report can serve as a guide to the rhythms or cycles in your life. It is up to you to take note of these cycles and respond accordingly. Biorwriter offers you an opportunity to discover ways to take advantage of life's natural rhythms.

How to Use This Report

Your biowriter report consists of three separate sections: (1) a "bio-graph" showing the flow of all three cycles for the month, (2) a "key-day chart" that highlights both critical days (upper row) and high/low days (lower row), & (3) "event details" -- a written description of major biorhythmic events for the month. Here is how to use each of these sections: The "bio-graph" shows each of the three cycles as a separate line plotted against the days of the month. The so-called "critical days" are the two days when each curve crosses the straight line in the middle of the graph. Most books on biorhythms state that these critical days are accident-prone. So take note. Aside from the critical days, there are the "high" and "low" days in the month for each cycle. The "high" days for each cycle are where the curve reaches the top of the graph, the "low" days where it touches bottom. When all three cycles are considered together, the curves combine to re-enforce or work against one another. The "key day" chart (below the graph) indicates the critical days (upper row) and the high/low days (lower row) for the month at a glance. The particular cycle involved is indicated by a letter (p=physical, e=emotional, i=intellectual) and if more than one cycle peaks on a day, an asterisk is used. Days which have both upper and lower boxes filled are more significant. The "event details" offer a brief guide to major events for the month. Each paragraph summarizes the combined state of all three cycles and provides a possible interpretation. These are very general interpretations and are not meant to be dogmatic. You may have to adapt them to your particular situation. We hope you find them useful.

Report for April 2005



Apr 03 You can feel a real physical push coming on as you turn the corner into some really high times. You're right on target in the creative sphere too! Only your mental attitude is lagging behind. So, don't study or decide too much on this day.

Apr 04 Don't let your mind hold you back. Not everything benefits from being thought out. Sometimes we just feel like cutting loose. You can feel a real 'time' coming on and you're right on target. Don't think twice, just let go and enjoy it.

Apr 06 You can feel a real physical push coming on as you turn the corner into some really high times. You're right on target in the creative sphere too! Only your mental attitude is lagging behind. So, don't study or decide too much on this day.

Apr 08 If it feels good, do it. That's the kind of day it is. Don't think twice (or even once!) because now is the time for feeling and doing. This good time will continue and you will feel even better about it within several days. Not a time for decisions.

Apr 13 A vital time during which you will be able to clearly see the alternatives before you with a very clear mind. This is an excellent time for you to pursue studies and oversee projects. Your emotional and artistic side is in the background now.

Apr 14 Perhaps an irritable time since you may not have the energy to carry out the dictates of your mind. You may not 'feel like' doing what you can see ought to be done. Some relief from this attitude in several days. Still, a kind of quiet time.

Apr 20 Somewhat of a muddled feeling. Could be touchy or over-critical right now. Quiet reading and writing may be in order. Your mind is clear and thinking is good, but don't push yourself. Your attitude will improve very much in a few days.

Apr 21 A day of change, so take note. Your mind is right there and you have had one good time lately. Don't push it. Let it go and get into what's next. You are going to have to say goodbye to what has been and take the plunge all over again.

Apr 26 You're a sharpie these days. Your mind is alert and your coordination is super. You may have a tendency to be insensitive to the feelings of others. You may sense a certain lack of feeling or what you would label as a 'poor attitude'.

Apr 27 These are the times when we are really thankful to be alive. Everything is working in harmony right now, so show yourself off and be in the right places. Sow your seeds now so that you can have a great harvest later. You're lookin' good!

Apr 29 If it feels good, do it. That's the kind of day it is. Don't think twice (or even once!) because now is the time for feeling and doing. This good time will continue and you will feel even better about it within several days. Not a time for decisions.